

CLIMATE CHALLENGE

Name:

Teacher:

Parent/Guardian signature:

1. GETTING AROUND 2. FOOD CHOICES 3. HOME ENERGY 4. WASTE 5. WATER 6. GO GREEN 7. RESEARCH + REFLECTION

2.1 TASTY LEFTOVERS

Re-use leftovers 3 times. I ate:

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1.1 CAR SMART

Learn about electric cars, cargo-bikes, and active transportation and complete two of the actions in the information page below.



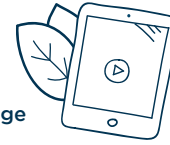
6.2 BEE FRIENDLY

Protect your local bee population by building a bee bath using the instructions in the information page below.



7.1 GAMING FOR NATURE

Watch two videos or play two of the games and complete the actions in the information page below.



7.2 LOCAL CLIMATE ACTION

Do some research and find out what local climate action is happening at your school and in your community.



7.4 COMMUNITY EXPLORATION

Map your community and think of ways to make it more sustainable using the instructions and actions in the information page below.

6.3 GO BIO

Make a biodegradable cleaning or bath product.

I made:

2.2 LOCAL FOOD

Use locally sourced ingredients in meals. I used:

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-

7.5 COMMUNITY ACTION

Research the Regional District of Nanaimo's website for the top 5 climate actions you can take in your home.



5.1 WATER WISE

Learn about water conservation and calculate your household's daily water consumption.

My family consumes of water per day litres

2.4 GROW YOUR OWN

Plant garden veggies, balcony or windowsill plants.

I planted:

1.3 LOCAL VACATION

Plan three local vacations with a small carbon footprint. Where could you and your family vacation locally?

4.1 MORE THAN RECYCLING

Reuse/swap/up-cycle instead of throwing stuff away or buying new. I did:

6.1 NATIVE TREES & PLANTS

Learn about native plants and, if can, plant some of your own.

A native plant I planted or researched is:

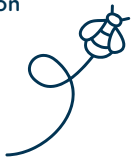
3.1 EARTH HOUR

Have an Earth Hour at home, with friends or at school. Use the time to do some of the other challenge actions.



7.6 CLIMATE REFLECTION

Write a short reflection on the future and complete the actions in the information page below.



3.2 GET EFFICIENT

Use the resources in the information page below to learn how to be more energy efficient at home.



5.2 ADOPT A STORM DRAIN

Clean up a storm drain in your neighborhood to prevent flooding after it rains or snows.



1.2 TRAVEL SMART

Swap the car for public transit, walking or biking.

I will go to:

by:

2.3 LOVE VEGGIES

Have one meat-free day per week or give up eating beef and lamb for one week.

meat-free days

didn't eat beef/lamb



5.3 EVERY DROP COUNTS

Aim for at least 4 showers of 4 minutes or less.

My showers are minutes shorter now.

7.7 YOUR OWN IDEA

Come up with your own activity for reducing our environmental footprint.

I did:

7.3 LIFE CYCLES

Sketch a life cycle of a household item and complete the actions in the information page below.



4.2 HOME WASTE

Do an audit of your garbage bins at home and complete the actions in the information page below.



3.3 STAY SNUG

Turn down the heat in your house and shut your curtains four times each week.

